

Mental Health First Aid

For Adults Who Interact with Youth

Join over 38,500 Mental Health First Aiders across Canada

Acquire skills to quickly and effectively respond to:

- Substance overdose
- Mood-related disorders
- Suicidal behaviour
- Panic attack
- Acute stress reaction
- Eating disorders
- Psychotic episode
- Deliberate self-injury
- Substance-related disorders
- Anxiety and trauma related disorders



Instructor

Adrienne Sequeira, MDiv, Registered Psychotherapist, Certified Psychoanalyst, Registered Nurse

Details

Dates: Wednesdays, April 27th and May 4th, 2016.

Times: 9:00 AM—5:00 PM.

Locations: Tyndale University
College & Seminary
3377 Bayview Ave. (South of Steeles).

Early Bird: \$200 by April 15th, \$250 after April 15th (Includes HST, course material, lunches).

Tyndale Student/Staff/Alumni Rate: \$175.

Register

Contact: afrancis@tyndale.ca | 416.226.6620 x4206



TYNDALE
FAMILY LIFE CENTRE

tyndale.ca/family-life



Mental Health
Commission
of Canada

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la santé mentale
du Canada

Mental Health First Aid CANADA

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